

# Out-of-home meals — How many? Autumn 2019: March-May



## Total of **3,140** out-of-home meals

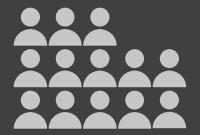


		Č Lunches	C*★ Dinners	Total
Tak	keaway/ delivery	772	810	1,582 takeaway/delivery meals
Šť <b>á</b>	ine out	836	722	1,558 meals eaten at the outlet
	Total	1,608 lunches	<b>1,532</b> dinners	3,140 out-of-home meals



# Eating out rates

most recent lunch and dinner amongst all respondents; screened and qualified (n=2,983)





# Eat-out rate Summary Autumn 2019: March-May

Based on all respondents including qualified and screened (i.e. total population) (n=2,983)



#### Overall eat-out rates

The recorded eat-out rate has decreased from 28% to 27% in autumn, continuing to trend downwards since the high in winter '18, and even higher levels previously.

Overall eat out rates are **up** amongst:

- ▲ ACT residents
- ▲ Non-metro areas

Overall eat out rates are flat amongst:

- SA residents.
- Women
- 35-49 year olds

Overall eat-out rates are down amongst:

- ▼ QLD, VIC, WA, TAS, and NSW residents
- Metro areas.
- ▼ Adult households (particularly older couples)
- ▼ Families
- ▼ Men
- ▼ 18-34 year olds, 50+ year olds



#### **Lunch eat-out rates**

Eat-out rate for lunch has continued to trend downwards to **18**% for autumn '19.

Rates are down amongst:

■ NSW, VIC, QLD, SA, WA, ACT and TAS.



#### Dinner eat-out rates

The dinner eat-out rate has dropped considerably further to **16**%.

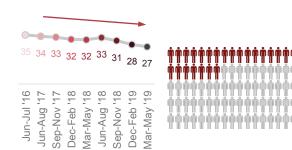
Rates are **up** amongst:

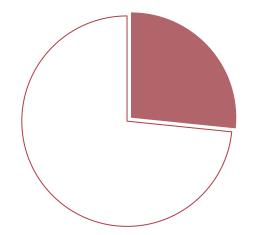
▲ QLD, SA, and ACT.

Rates are down amongst:

▼ NSW, VIC, WA, and TAS.







Autumn 2019: March-May

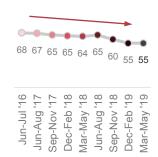
# 27% of the population ate out of home\*



- continuing to trend downwards since the momentary high in Winter '18



**55**% of the population have been eating out of home for lunch or dinner at least once *over a 3 day period* during autumn. Though consistent with the previous, summer quarter, a longer-term decline is still evident.



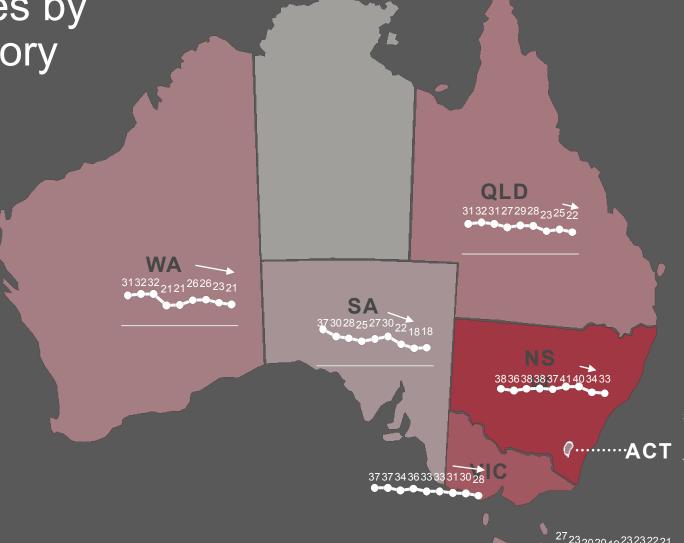




Eat-out Rates by State / Territory

Eat-out rates have dropped in a number of states and territories during Autumn 2019, namely: QLD, VIC. WA. TAS and NSW: while the rate has actually picked up slightly in the ACT and been consistent in SA, after heavy declines in both of these regions previously.

After mostly **resisting** declines in the eat-out rate since mid-2016, it appears NSW and VIC have now shown signs of decline.



31% Overall population Jun '17 – May '19





27<sub>23202019</sub>23232221









# Eating out rates: lunch vs dinner





### **OCCASIONS:** LUNCH VS. DINNER

The number eating out for lunch on any given day has declined further during Autumn.

The recent decline in eat-out rate during dinner has also continued in Autumn.



18% of Australian adults ate out of home\* for lunch on any given day during autumn.



w1 w2 w3 w4 w5 w6 w7 w8 w9

19 18 20 19 18 19 20 18 16 w1 w2 w3 w4 w5 w6 w7 w8 w9

w1 w2 w3 w4 w5 w6 w7 w8 w9

**16%** of Australian adults ate out of home\* for dinner on any given day during autumn.

43% of the population ate out of home for lunch at least once in the last 3 days.



42% of the population ate out of home for dinner at least once in the last 3 days.





### Lunch & Dinner eat-out rates – by State

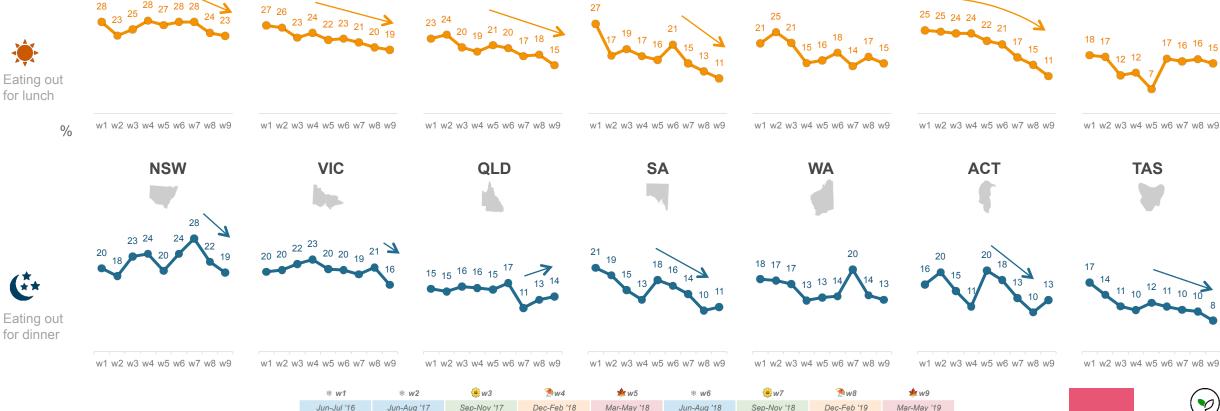


18% Population **Yun '17 – May '19** DINNER

Proportion that purchased most recent lunch OR dinner out of home (takeaway OR at restaurant/

Corresponding with the decline in the overall nationwide eat-out rate, **ALL** states and territories have posted reduced levels of eating out for **lunch**, while eating out for **dinnertime** occasions has also decreased in NSW, VIC, WA and TAS.

After resisting a decline, **NSW** appears to be finally showing signs of kerbing its eat-out behaviour, with **two consecutive seasons of decline** for both lunches and dinners.







## Takeaway & Dine-out rates – by State

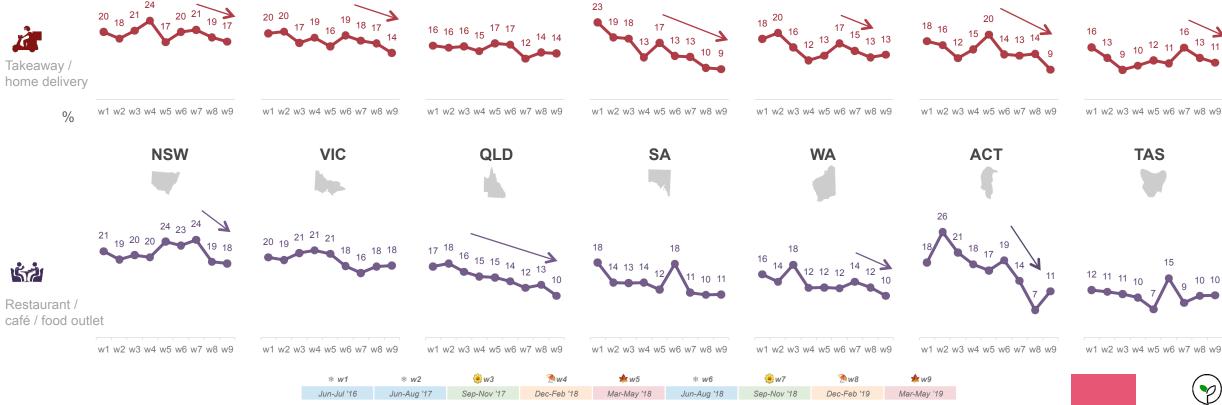
Population Jun '17 – May '19 Takeawav/homedelivered

Population Jun '17 – May '19 Restaurant/ café/outlet

Proportion that purchased most recent lunch OR dinner out of home (takeaway OR at restaurant/

outlet) For autumn, takeaway / home-delivery rates show a greater decline in the two most populous states, NSW and VIC (versus restaurant / café rates). Reduced takeaway and home delivery has also occurred this season in the ACT, TAS, and SA.

Restaurant / café foodservice rates have also softened, particularly in QLD and WA, but also in NSW.



Base: Total population: Jun-Jul '16 (n=9,389); Jun-Aug '17 (n=2,425); Sep-Nov '17 (n=2,455); Dec-Feb '18 (n=2,560); Mar-May '18 (n=2,641); Jun-Aug '18 (n=2,716),

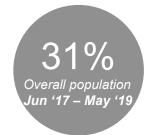




# Eating out rates: demographic differences



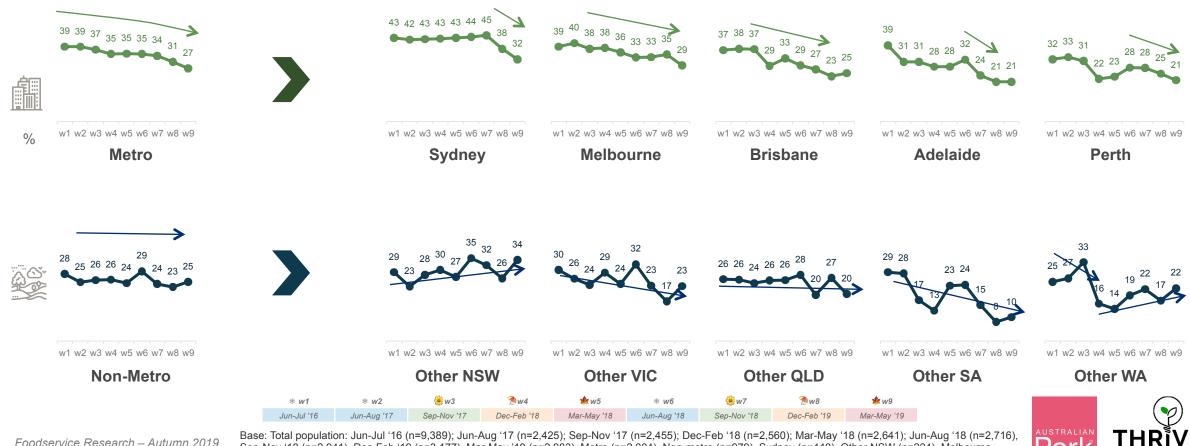
### Eating out rates — Metro/non-metro



Proportion that purchased most recent lunch OR dinner out of home (takeaway OR at restaurant/

outlet). Metropolitan eat-out rates have continued the downward trend across all capital cities in autumn – a Sydney downturn has now appeared to hit full swing after earlier resistance.

Non-metro eat-out rates have been far more consistent, and vary by region, with Other NSW and Other WA (more recently) showing longer-term increases since summer 2018, though regional VIC, SA and QLD are still on a long term decline.





# Eating out rates – Demographics

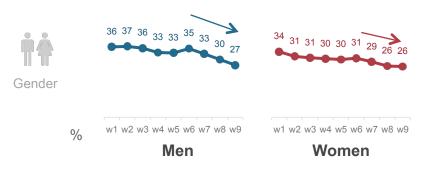


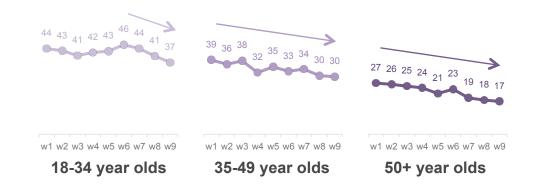
Proportion that purchased most recent lunch OR dinner out of home (takeaway OR at restaurant/outlet).

Age

The decline in eat-out rate has been more pronounced amongst men in recent seasons; though rates have declined amongst both over the long term.

**Younger** Australians continue to be **more likely to eat-out** (whether take-away or dining out). However, while **18-34 year olds had resisted** any decline until winter 2018, they appear to have **curbed their foodservice activity** more recently.











# Australian Foodservice Population and Market Sizing



### **Population Metrics**

Compared to **last season** <u>and</u> the **same time last year**, the number of **lunches** eaten out of home has **decreased**, both in overall volume and as a proportion of daily lunches – this is attributable to both take-away and dine-out. **Lunches brought to work** appear to have taken this share.

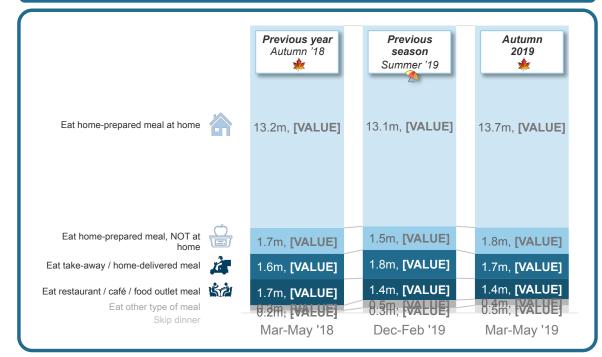


Compared to last season and the same time last year, the number of dinners eaten out of home has decreased, both in overall volume and as a proportion of daily dinners. The drop is more marked for dinners eaten on-premise (restaurant/café).











4.1m, **22%**  3.7m, **20%**  3.6m, **18%**  Total out-of-home lunches and dinners eaten every

day

7.4 million

Mar-May '18

Dec-Feb '19

Mar-May '19

3.4m, 18% 3.3m, 18%

3.1m, **16**%





<sup>\*</sup> As of May 2019. ABS data based on estimates from 2016 to 2019.

<sup>&</sup>quot;On any given day" is based on the most recent lunch, and most recent dinner.

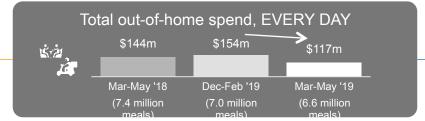
### Total Spend on Out of Home Meals

#### Autumn 2019 vs. Previous season and Previous year

Average daily total foodservice spend has declined significantly in autumn 2019, compared with the previous period (summer). These falls have been driven by heavy reductions in both lunch and dinnertime spend; and across both take-away/home-delivered meals as well as those eaten on-premise.

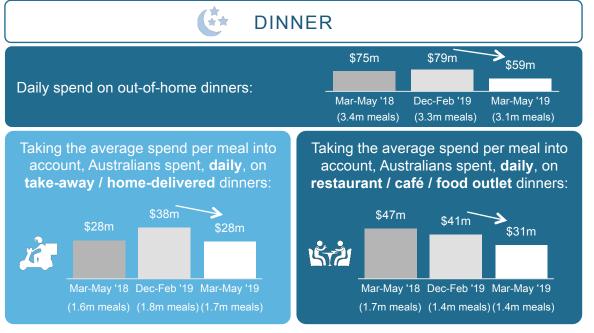
Compared with the same time last year, the falls have been **more marked** for meals eaten **on-premise** at the restaurant/café/outlet (whereas spend is actually rather consistent for take-away/delivered meals).

Whereas increased spend compensated for reduced volume in the previous period (summer '19), now a further reduction in volume as well as average spend as resulted in significantly reduced total spend on foodservice lunches in autumn '19. Compared to '18, restaurant/café meals have fared worse than takeaway/delivered.



As with lunches, where increased spend previously compensated for reduced volume in summer '19, now a further reduction in volume and spend has resulted in significantly reduced total spend on dinners in autumn '19. Compared to '18, restaurant/café meals have fared significantly worse than take-away/delivered meals.









# Foodservice consumers

*n*=1,551 respondents





# Share of meals

amongst out-of-home diners for past 3 lunches & past 3 dinners total across 6 meals: 9,306 meals





# Share of all lunches & dinners (past 3 days) Autumn 2019: March-May







# Total out-of-home meals

amongst all out-of-home lunches and dinners in the past 3 days includes meals purchased takeaway / delivery OR meals eaten at the outlet total n=3,214 meals



# **Meal Summary**

Leading choices amongst all out-of-home lunches and dinners over 3 days (3,214 meals)

	Autumn: Mar-May 2019	Change since Dec-Feb 2019
Venue type	Fast Food Chain (24%) followed by non-chain Restaurant (15%) and non-chain Fast food (12%)	QSR / Fast Food Chains increased their share further this season. With non-chain establishments fluctuating season-to-season, Restaurants overtook Fast food in autumn.
Restaurant segment	Fast Food / Takeaway (31%), Affordable \$ Traditional (19%)	After reaching a tracking low, QSR rebounded strongly. Also, while High-end segments had been slowly growing, this season sees a significant dip. Affordable and Moderate segments are more consistent.
Cuisine	Australian (45%), followed by Asian (24%)	Australian cuisine remains steady. Both Asian and European cuisines show a dip in autumn (by 3 and 2 percentage points respectively) while Other cuisines lifted (4%).
Food type	Burger / Slider (16%), Pizza (8%), Sandwich / Wrap / Roll etc. (8%).	Burger/slider has lifted further this season, while Pizza slipped back to previous-autumn levels. Fried meats gained in autumn.
Meat eaten	Chicken (38%), Beef (30%), Fish (12%), Pork ranked 4 <sup>th</sup> at 10%	Chicken has its second consecutive season of growth, while Beef and Fish are steady. Pork softened since the heights of autumn and spring.
Dollar spend per person for meal	\$0-10 p.p. increased sharply (33%); \$21 p.p. decreased sharply (23%). Average spend decreased to \$17.69 per meal	After consistent long-term increases, average spend p.p. dropped sharply in autumn; correspondingly, large share increase in low-priced meals and decrease in high-priced meals.



#### Total, amongst all out of home lunches and dinners over 3 days

### Venue type

Fast Food Chains have continued their upward momentum in autumn; while other venues remain relatively consistent with previous seasons.

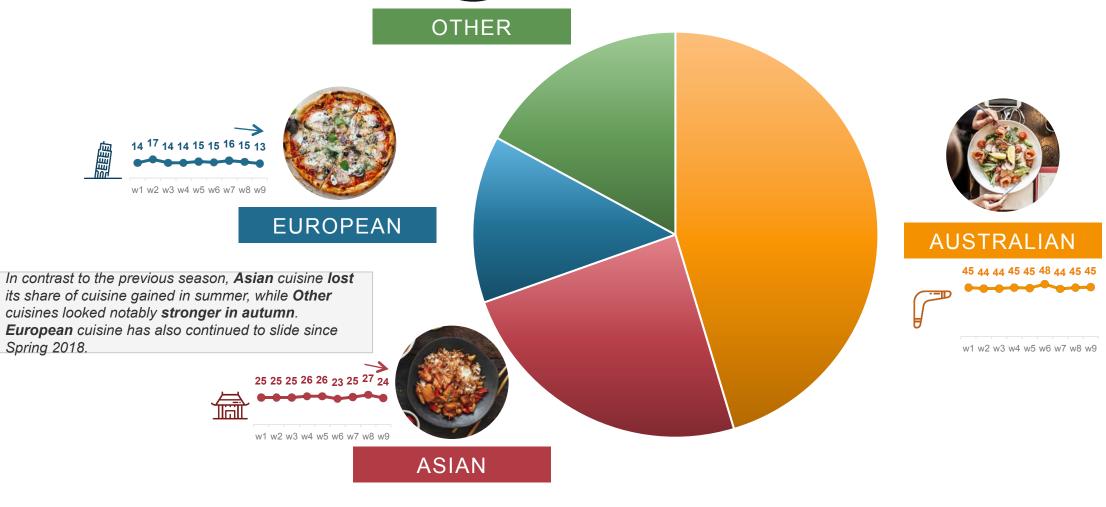




### Cuisine Autumn 2019: Mar-May



Total, amongst all out of home lunches and dinners over 3 days







Jun-Aug '18

Sep-Nov '17

Dec-Feb '18

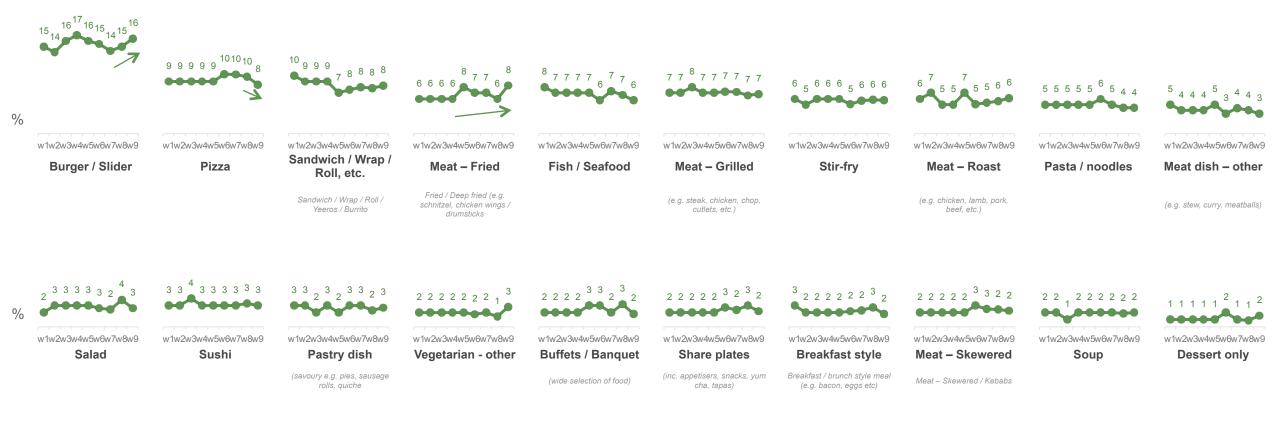
Dec-Feb '19

Sep-Nov '18

#### Total, amongst all out of home lunches and dinners over 3 days

### Food type

Burgers /sliders continue to be the leading food type, with double the share of the next-most common food, and continuing to bounce back after dipping in spring '18. Pizzas have posted a softer autumn after several seasons at 10% share; whereas fried meat dishes have had a bumper autumn (and also had a high of 8% share in the previous autumn).





₩ w6

Jun-Aug '18

Sep-Nov '18

角 w8

Dec-Feb '19

Mar-May '19

₩ w1

Jun-Aug '17

Sep-Nov '17

Dec-Feb '18

### Meat eaten

Chicken meals continue to post increasing share again, after a longer-term declining

Meanwhile, beef and fish have remained consistent.

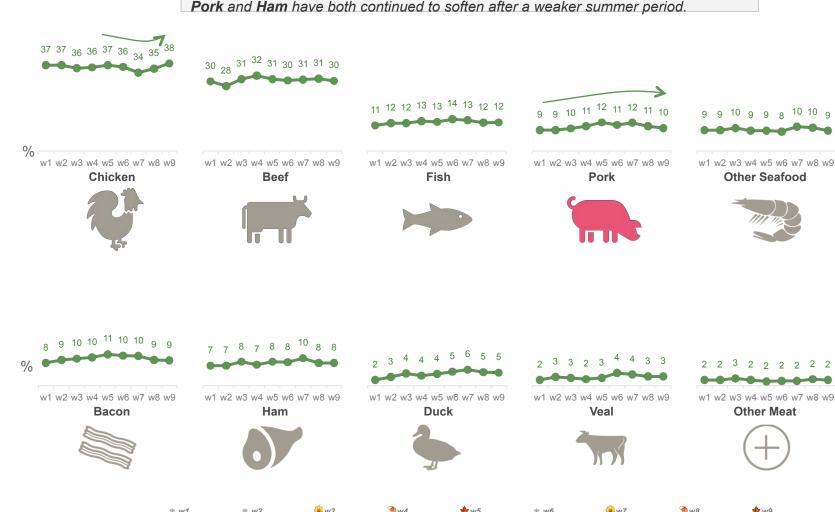
Pork and Ham have both continued to soften after a weaker summer period.

Total, amongst all out of home lunches and dinners over 3 days

w1 w2 w3 w4 w5 w6 w7 w8 w9

Lamb







w1 w2 w3 w4 w5 w6 w7 w8 w9

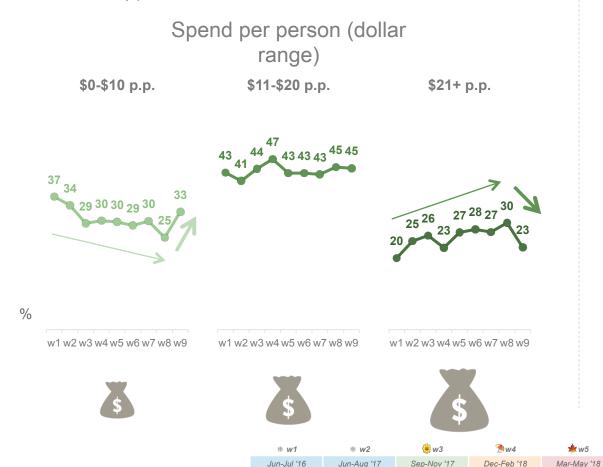
No meat / Vegetarian



Mar-May '18

### Dollar spend on meal

It appears Australians have begun to **tighten their belts**. Finally, after several seasons of growth in the highest-spend bracket, meals in the **over-\$21 category dropped off heavily** during autumn. Inversely, after consistent decline in meals up to \$10, these saw a **significant increase** in the latest March-to-May period.



Total, amongst all out of home lunches and dinners over 3 days

After an ever-increasing average spend since winter 2016, spend per-head on foodservice meals **took a plunge** in autumn, with the average **dropping 16%** from its high of over \$21, to just \$17.69; a level not seen since summer 2018.

#### Spend per person (calculated average)







# Top 10 Summary Autumn 2019: March-May

Restaurants made some gains on the venue front during autumn, while non-chain Fast Food, Food court outlets, and Standalone venues lost places. Pubs and Clubs reversed places.

Fried Meats gained positions during autumn, displacing Fish/seafood and Grilled meat. Meanwhile, the ranking of meats eaten remains consistent with summer.

	Venue Type		Food type		Meats eaten	
1	Fast Food Chain	-	Burger / Slider	-	Chicken	-
2	Restaurant (not a chain)	Δ	Pizza	-	Beef	-
3	Fast Food / Takeaway (local or independent)	lacksquare	Sandwich / Wrap / Roll / Yeeros / Burrito	-	Fish	-
4	Café - Local or Independent (can sit down in venue)	t	Meat – Fried	Δ	Pork	-
5	Chain restaurant		Fish / Seafood	$\overline{}$	Seafood (other than fish)	-
6	Food court outlet (not a chain)	$\bigvee$	Meat – Grilled	$\overline{}$	Lamb	-
7	Pub /bar		Stir-fry	-	Bacon	-
8	Club / RSL	lacksquare	Meat – Roast	-	Ham	-
9	Supermarket deli		Pasta / noodles	-	Duck	-
10	Stand-alone food outlet / sandwich bar	<b>V</b>	Meat dish – Other	-	Veal	-

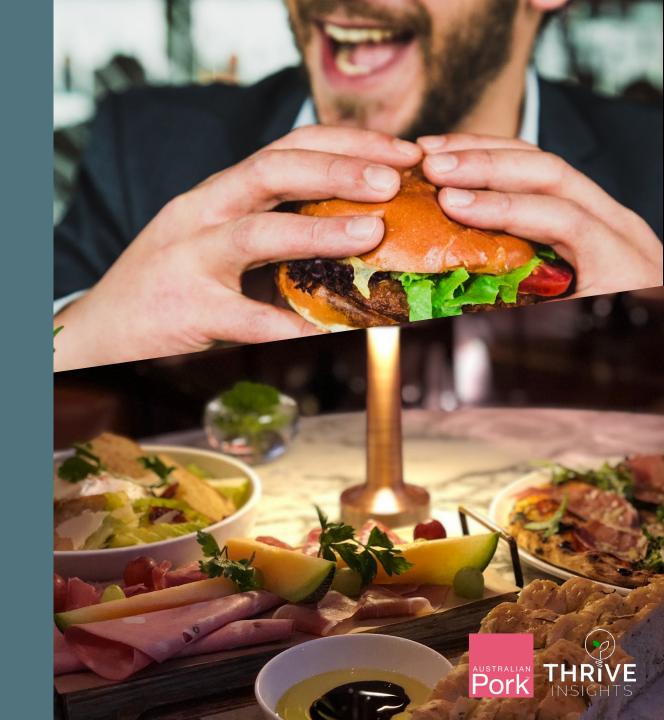






# Analysis by meal occasion

Lunch vs. Dinner



# Meal occasion summary — Lunch vs. Dinner Autumn 2019: March-May

#### **LUNCH FOODSERVICE MEALS**



VENUE: Fast food chain venues continued to increase in autumn, matching the peak reached in summer '18. Meanwhile, local/independent cafés have maintained a long-term declining trend for lunchtime out-of-home eating.



SEGMENT: The slow decline in QSR/takeaway has been arrested with a substantial increase in share during autumn. Conversely, the High \$ spend segments have fallen considerably.



FOOD TYPE: Burgers / sliders and between-bread options have been steady, however, Fried meat has seen an increase (coinciding with an increase last autumn also), while Pizza has continued to gradually recede.



MEAT EATEN: Chicken share of foodservice lunches has risen to 37%; Pork has had a weaker season, continuing to slide gradually since autumn last year.



DOLLAR SPEND: A sudden drop in the average spend p.p. after successive increases. The number of lunches in the highest \$21+ bracket have fallen sharply. while those in the \$10 and under category have risen. Share of meals in the intermediate price range have remained steady.

#### **DINNER FOODSERVICE MEALS**



VENUE: Fast food chains also continue their upward trend, accelerating slightly in autumn. These venues have now appreciably overtaken non-chain restaurants, which despite showing an uptick in autumn, maintain a broader decline.



SEGMENT: As with lunches, QSR/takeaway declines have come to a sudden end with significantly increases this season; and High \$ Formal share has dropped.



**FOOD TYPE:** As with lunches, **Fried meats** have jumped during autumn. **Burgers/sliders** have also significantly boosted their share of dinners this season; while **Pizza** and Grilled meat hold fairly steady. Fish/seafood and Other meat dishes continue to decline gradually.



MEAT EATEN: Chicken has also increased its share of dinners, to 39%, and pork has posted share of 11%, consistent with summer but down on the highs of autumn and spring 2018.



DOLLAR SPEND: As with lunches, the average spend p.p. on dinners dropped significantly in autumn. The number of dinners in the highest price bracket fell while those in the cheapest bracket rose; and intermediate-priced meals remained steady.





# Analysis by eating location

Take-away vs. Dine-out



# Eating location summary — Take-away vs. Dine-out Autumn 2019: March-May

#### TAKE-AWAY / HOME-DELIVERED FOODSERVICE MEALS



VENUE: Share of take-away and home-delivery meals continues to increase for QSR venues into autumn '19, while Non-chain fast food venues dipped. Share of offpremise meals has otherwise been relatively consistent.



SEGMENT: After several successive seasons of decline. QSR has shown a significant increase in share of take-away/home-delivered meals in autumn. Further to the theme of reduced spend, Affordable \$ Contemporary share has increased notably (though Traditional has decreased), and High \$ segments have both declined noticeably in autumn.



MEAT EATEN: Chicken has posted notable increases during autumn, while Pork share of take-away / home-delivered meals has continued to recede.



**DOLLAR SPEND:** The average dollar spend p.p. on take-away/delivered meals decreased in the autumn wave, along with sharp increases in the share of meals priced under \$10, and a decrease in those priced over \$20.

#### RESTAURANT / CAFÉ / FOOD OUTLET (DINE-OUT) FOODSERVICE MEALS



VENUE: Share of meals eaten on-premise at the restaurant / café / food outlet has also been largely steady, although QSR has also posted a second successive season of growth, and Local/independent cafes continues a slow decline. Chain cafés also dipped this season.



SEGMENT: Similarly, amongst on-premise meals, QSR has increased sharply, and Affordable \$ Traditional share has also increased (though Contemporary has decreased). Moderate share, and High \$ Formal share, have also decreased this season.



MEAT EATEN: Similarly to takeaway/ home delivery, chicken increased its share notably, while Pork share of restaurant/café meals has continued to recede.



DOLLAR SPEND: As with take-away/delivered meals, the average spend p.p. on restaurant/café meals decreased substantially this season, coinciding with sharp increases in meals priced under \$10, and a decrease in meals priced over \$20.



# Delivery service



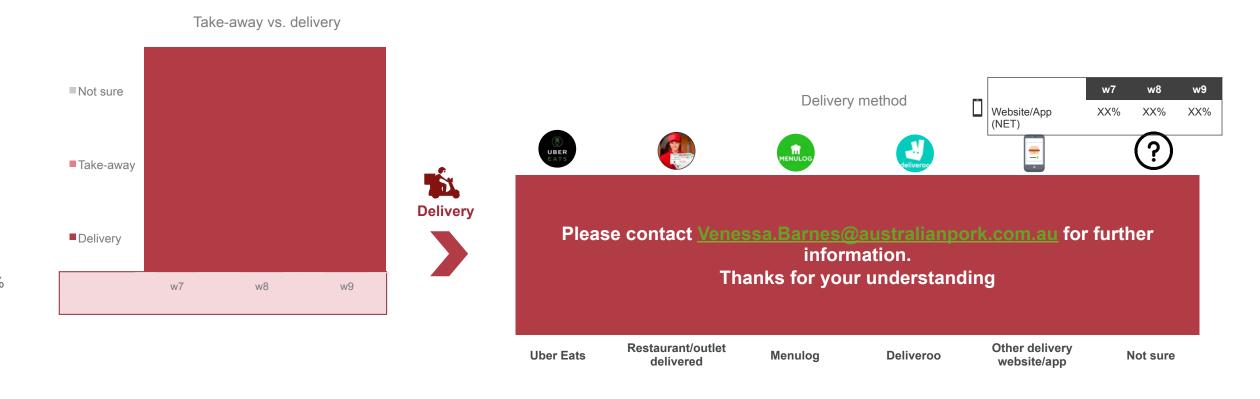
Take-away / home-delivered meals





# What share of Take Away is delivered via UberEats, Menulog and other delivery platforms?

Amongst all take-away and home-delivered lunches and dinners over 3 days







(n=1.571 / 286).

# Reservations

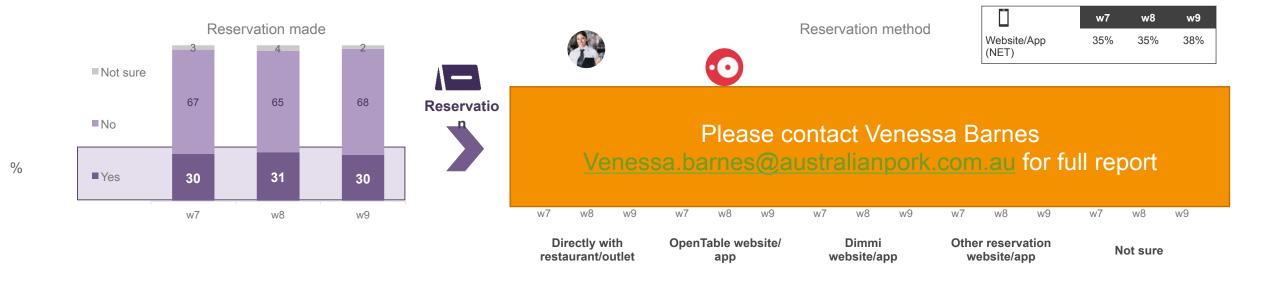




### মান Reservation made

A reservation is made for 3 foodservice meals out of every 10 that are eaten on-premise at the restaurant, café or food outlet. This rate has remained consistent since spring till now.

Making a booking **directly with the restaurant/outlet** is the **most common** method – roughly 6 in 10 reservations are made this way – but this method has **slowly declined** since spring, with **website/app** reservations increasing in autumn – this is driven particularly by **OpenTable**.







Base: All foodservice meals eaten at restaurant/café/food outlet / those where a reservation was made: Sep-Nov '18 (n=1,522 / 435), Dec-Feb '19 (n=1,551 / 460),

Mar-May '19 (n=1,531 / 424).